

Programme 2017–18



SOUTH SIDE COMMUNITY CENTRE

117 Nicolson Street,
Edinburgh
EH8 9ER
Tel: 0131 667 0484
Fax: 0131 667 7365

www.joininedinburgh.org/southside

Welcome to South Side Community Centre

South Side Community Centre opened in 1986 after a long campaign by the local community to have a community centre right in the heart of their area. South Side Community Centre is owned and supported by the City of Edinburgh Council who lease the accommodation to the South Side Community Centre Association. The Association's volunteer Management Committee are elected at an Annual General Meeting and the Centre's charitable association provide funding to assist with developing the activities and classes available at the Centre. The Association continues to make a significant contribution to the maintenance and upgrading of the building. The Centre consists of two general purpose rooms, café, large hall and office. It provides a great space for a variety of uses. The rooms are available for hire with the Centre being a popular venue during the annual Edinburgh Fringe.

New members and visitors are welcome at South Side Community Centre. Ideas for developing the Centre's programme are encouraged and each year we like to try to introduce something new. The building is accessible to all and the Management Committee is committed to the doctrine and ethos of inclusion—there should be no barriers to prevent anyone from enjoying the experience that is South Side Community Centre.

Arthur's Café South Side Community Centre

Monday to Friday 10.30am—2.00pm

Tasty fresh made food, home baking (great scones) and excellent (proper) coffee at a fair and affordable price. A warm welcome to all customers and a big thank you to our regulars.

MONDAY

AE*: Genealogy and Family History	10.00 am - 12.00 pm	Room 1
<p>For more information: Contact Adult Education www.edinburgh.gov.uk/adultcourses or Tel. 0131 556 7978</p>		
Badminton Courts for Hire	10.00 am - 11.00 am 11.00 am - 12.00 pm	Hall
<p>Two courts are available for hire along with equipment. For more information: Contact Centre on 0131 667 0484 Cost: £18 per hour for the hall</p>		
South Side Heritage Group	1.30 pm - 3.30 pm	Room 1
<p>The South Side Heritage Group has been promoting the local history and architectural history of the South Side of Edinburgh since the 1990s. For more information: Contact Centre on 0131 667 0484 Cost: £1 plus membership</p>		
Southside Community Orchestra	1.45 pm - 3.45 pm	Hall
<p>Edinburgh's only afternoon amateur orchestra! The group rehearses a mixed repertoire of mainly classical music with conductor, Vaughan Townhill, preparing. We like to give an informal free concert two or three times a year. There is no audition and we welcome new players (especially strings and brass!). For more information and to join, contact the secretary by email: caroline.higgitt@gmail.com or tel. 0131 556 4979 Cost: £20.00 per term or £60.00 per year</p>		
ESOL Speakeasy Group	2.00 pm - 4.00 pm	Room 2
<p>English Class for Speakers of Other Languages (ESOL) to help young people integrate quicker into life in Edinburgh and Scotland. For more information: Please contact Karen Riddell, Karen.riddell@ea.edin.sch.uk</p>		
Taekwon-Do I.T.F.	6.30 pm - 7.30 pm children 7.30 pm - 8.30 pm adults	Hall
<p>Korean Art of Self Defence led by Master Peter Harkess, 8th Dan of the UKTC Closed for Christmas period. To book a free taster and for more information: Tel: 0131 445 1759 www.uktc.co.uk</p>		

*AE—Adult Education

TUESDAY

Singalong Group	10.00 am - 12.00 pm	Room 1
Singing group for adults with learning disabilities and older adults in 24/7 care in Health and Social Care.		

Yoga	10.00 am - 12.00 pm	Hall
A yoga class that helps you to restore your physical health gradually. Benefits of the class: Improve your breath & balance, core strength, flexibility, ability to relax. <i>For more information:</i> Contact Centre office on 0131 667 0484 Cost: £5 plus membership		

AE*: German – Advanced	10.00 am - 12.00 pm	Room 2
<i>For more information:</i> Contact Adult Education www.edinburgh.gov.uk/adultcourses or Tel. 0131 556 7978		

Gentle Exercise - For over 50's	12.15 pm - 1.15 pm	Hall
Moving to music in a dancing way, stretching and strengthening muscles. <i>For more information:</i> Contact Centre office on 0131 667 0484 Cost : £2.00 plus membership		

Art Class	1.30 pm - 4.00pm	Room 1
Art projects using a variety of mediums. Suitable for all levels. <i>For more information:</i> Contact Centre on 0131 667 0484 Cost: £4.00 plus membership		

ESOL Speakeasy Group	2.00 pm - 4.00 pm	Room 2
English Class for Speakers of Other Languages (ESOL) to help young people integrate quicker into life in Edinburgh and Scotland. <i>For more information:</i> Please contact Karen Riddell, Karen.riddell@ea.edin.sch.uk		

Badminton Group	7.30 pm - 9.00 pm	Hall
A long-standing badminton group. New players and all ability levels welcome. Rackets and shuttle cocks are provided but players are free to bring their own. <i>For more information:</i> Contact Joyce Palmer 0131 447 6005 Cost: Varies depending on attendance		

WEDNESDAY

Triple P—Teens Parenting Course	9 am - 1.00 pm	Room 2
<p>Teen Triple P—Parenting course for parents of teenagers. <i>For more information :</i> Contact Jillian Hart at jillian.hart@edinburgh.gov.uk</p>		

Southside Sunshine Club	9.30 am - 11.30 am	Hall
<p>Drop in Parents/Carers Toddler Group for children 0-3 years. Does not run during school holidays. <i>For more information:</i> Contact Craigmillar Children & Families Centre on 0131 661 3126</p>		

AE*: History—Old Town	10.00 am - 12.00 pm	Room 1
<p><i>For more information:</i> Contact Adult Education www.edinburgh.gov.uk/adultcourses or Tel. 0131 556 7978</p>		

Southside Baby PEEP Group	1.00 pm - 2.00 pm	Room 1
<p>Learning together to help parents and carers create the best start for their babies by making the most of everyday learning opportunities—listening, talking, playing, singing and sharing books and stories together.</p>		
<p><i>For more information:</i> Contact Centre office on 0131 667 0484</p>		Cost : Free

AE*: Dance Fitness 60+	1.30 pm - 3.00 pm	Hall
<p><i>For more information:</i> Contact Adult Education www.edinburgh.gov.uk/adultcourses or Tel. 0131 556 7978</p>		

Social Club for over 60's	1.00 pm - 3.00 pm (winter term)	Room 2
<p>Social Club for over 60's. A tutor supported social club providing interesting and entertaining talks, discussions and outings. A great way to meet new people and keep active.</p>		
<p><i>For more information:</i> Contact Centre on 0131 667 0484</p>		Cost: £1 plus membership

Well Baby Clinic	2.00 pm - 3.00 pm	Room 1
<p>Open access well baby clinic facilitated by Public Health Staff Nurses for parents who live in the Southside of Edinburgh, where they can gain support on the well being of their children under 5.</p>		
<p>For more information: Contact Alison Murphy 0131 666 5175 or email Alison.X.Murphy@nhslothian.scot.nhs.uk</p>		

WEDNESDAY Continued

Ukulele Group	5.30 pm – 6.30 pm	Room 2
<p>A ukulele learning and performing group for beginner upwards. To give learners and more advanced players as chance to play music in a group setting and develop their playing and/or performing skills</p> <p>For more information: Contact Brian McGrail 07411 944686 or email mayfield.guitar@yahoo.com</p>		

Wednesday Live Drama Classes 16-25 years old	7.00 pm – 9.00 pm	Room 1
<p>These classes are targeted at all those with an interest in, but not necessarily experience of drama and the performing arts. The classes cover different skills each term such as character development, script writing, voice and movement, etc., and generally culminate in a short performance at the end of each term. Places in this group are limited. Contact tutor for availability and further details.</p> <p>For more information: Contact Rebecca Kilbey on 0794 475 7083 or email info@livedrama.co.uk or www.livedrama.co.uk</p> <p style="text-align: right;">Cost £1 per week</p>		

South Side Community Choir	7.30pm - 9.15pm	Hall
<p>An adult mixed group of around 50 members singing a wide variety of music. We give at least two performances a year.</p> <p>For more information or to enquire about joining please check our website at: southsidechoir.weebly.com or phone 0131 441 5597</p>		

THURSDAY

English as a Second Language	9.30 am - 12.00 pm	Room 1
<p>English language provision for speakers of other languages who are permanent residents of Edinburgh or refugees.</p> <p><i>For more information:</i> Apply via Community-based ESOL, Edinburgh College tel:0131 535 4630</p>		
Lip Reading	10.00 am - 12.00 pm	Room 2
<p>Free service that helps people with hearing loss cope better with their deafness.</p> <p><i>For more information</i> about these and other lip-reading groups in the city: Contact Fiona Stewart at South Bridge Resource Centre on 0131 556 2944</p>		
The Club (Active Lifetime)	10.00 am—12.00 pm	Hall
<p>Active Lifetime class is a programme of healthy activity and exercise for adults with learning disabilities. Each week will be a mix of physical activity and games alongside information sharing and socialising.</p> <p><i>For more information:</i> Contact Centre on 0131 667 0484 Cost : £2 per session</p>		
WISHES (Women in Self Help & Emotional Support)	1.00 pm - 3 pm	Room 2
<p>Social and support group for women with mental health issues. Do you sometimes feel isolated and alone?.....feeling like you need a chat, then maybe you should come along to the Wishes group.</p> <p><i>For more information:</i> Contact Centre on 0131 667 0484 Free</p>		
AE*: Tai Chi	1.00 pm - 3.00 pm	Hall
<p><i>For more information:</i> Contact Adult Education www.edinburgh.gov.uk/adultcourses or Tel. 0131 556 7978</p>		
First Bite Youth Theatre	4.15 pm - 8.00 pm	Room 1
<p>The youth theatres are targeted at young people with an interest in performance. The class provides additional opportunities for all participants to get involved in different aspects of production including costume and set design, administration, props, lighting and sound.</p> <p>Junior Youth Theatre for 7 - 11 yr olds (4.15pm - 5.45pm) Senior Youth Theatre for 12 - 18 yr olds (6.00pm - 8.00pm) <i>Cost £15 Annual Membership + £5 per class payable by the term. (10% sibling discount)</i></p> <p><i>For more information:</i> Contact Rebecca Kilbey on 0794 475 7083 or email info@livedrama.co.uk or www.livedrama.co.uk</p>		
Kids' Club	6.00 pm - 8.00 pm (P4— P7)	Café, Hall and Room 2
<p>An exciting programme of games, activities, sports, arts and crafts for young people. GREAT FUN!</p> <p><i>For more information:</i> Contact Centre on 0131 667 0484 Cost : £1 plus membership</p>		

*AE—Adult Education

FRIDAY

English as a Second Language	9.30 am - 12.00 pm	Room 1
<p>English language provision for speakers of other languages who are permanent residents of Edinburgh or refugees.</p> <p><i>For more information:</i> Apply via Community-based ESOL, Edinburgh College tel:0131 535 4630</p>		
The Writing Room	10.00 am - 12.00 pm	Room 2
<p>The Southside Creative Writing group will be entering its eighth year in good health. We will continue to use innovative starting points for new writing, offer constructive feedback on works in progress, and experiment with particular themes and styles over a number of weeks. There may also be opportunities to use various city locations and institutions for inspiration, and to read in public. New members - of any level of experience or confidence - always welcome.</p> <p><i>For more information:</i> Contact Centre on 0131 667 0484 <i>Cost:</i> £2 plus membership</p>		
Yoga	10.15 am - 11.45 am	Hall
<p>A yoga class that helps you to restore your physical health gradually.</p> <p>Benefits of the class: Improve your breath & balance, core strength, flexibility, ability to relax.</p> <p><i>For more information:</i> Contact Centre office on 0131 667 0484 <i>Cost:</i> £5 plus membership</p>		
ESOL Harbour Group	1.30 pm - 4.00 pm	Room 2
<p>ESOL Youth Club for migrant young people with some English tuition</p> <p><i>For more information:</i> email esolharbour@gmail.com or scott.wilkins@ea.edin.sch.uk</p>		
8th Edinburgh SCOUT Group	6.30 pm - 9.00 pm	Room 1, Room 2, Hall, Café
<p>Muslim cubs and scouts group. (school term time only)</p> <p><i>For more information:</i> Contact Zahid at zahidali@btinternet.com</p>		

SATURDAY

Saturday Live Drama Classes	10.15 am – 1.15 pm	Room 1
<p>Drama classes for children 10.00 am - 10.45 am — 4 - 6 yrs 10.45 am – 12.15 pm— 8 - 11 yrs 12.15 pm – 1.15 pm—12 - 18 yrs</p> <p>The classes are targeted at all young people with an interest in, but not necessarily experience of drama and the performing arts. The classes cover different skills each term and culminate in a short performance to parents and friends. The emphasis is on confidence building, team work and having fun.</p> <p style="text-align: right;">Cost £50 per 10 week term (10% sibling discount)</p> <p><i>For more information</i> – Contact Rebecca Kilbey 0794 475 7083 or email info@livedrama.co.uk or www.livedrama.co.uk</p>		

MEETINGS

FEDAGA (Federation of Edinburgh & District Allotments and Gardens Association)	7.15 pm - 9.15 pm 2 nd Tuesday of each month	Room 1
Committee meeting		
Southside Association	6.30 pm - 9.00 pm 1 st Tues of each month	Room 1
SSA business meeting		
South Side Community Centre Management Committee	6.45 pm - 9.00 pm 2 nd Tues of each month	Room 2
Committee meeting		
Southside Pensioners Association	1.00 pm - 3.30 pm 2nd Friday of each month	Room 1
Committee meeting		
Causey Development Trust	6.45 pm - 9.00 pm Last Monday of each month	Room 1
<p>The Causey is a historic space in the busy University quarter at the heart of the Southside of Edinburgh's city centre. At the moment it's a traffic island, and cars have taken over — but could it become a place full of life and people, buzzing with activity?</p> <p>Steering group meeting</p> <p>For more information: Contact info@thecausey.org</p>		

COUNCILLOR SURGERIES

Cllr Ian Perry Labour	6.30 pm - 7.30 pm	Room 2
<p>2nd Monday of each month (not July & December)</p> <p>Please contact: ian.perry@edinburgh.gov.uk or Tel. 0131 529 3253</p>		
Cllr Alison Dickie SNP	5.30 pm - 6.30 pm	Room 2
<p>3rd Monday of each month</p> <p>Please contact: alison.dickie@edinburgh.gov.uk or Tel: 0131 529 4884</p>		

Centres Membership

One payment last a whole year—from September 2017

Membership Charges

	Cost
Adult	£5
Children up to 16	Free

Room Hire Charges at South Side

	Room 1, Room 2, Café Gray Room & Meeting Room	Main Halls
Centre Groups, Community Education Classes, Associated Organisations*	FREE	
Local Community Groups*	£5 per hour	£10 per hour
Regular Centre Users	£12 per hour	£18 per hour
One off lets	£24 per hour	£30 per hour
Commercial lets	£36 per hour	£45 per hour

Additional charges for bookings that take place outwith normal Centre opening hours.

*Associated organisations: voluntary organisations operating in the area that have been recognised by the Management Committee as having aims similar to their own. These groups will pay a membership fee.

South Side Community Centre Association Management Committee
approve all lets for South Side.

Initial enquiries should be made by email on

cld-southside@ea.edin.sch.uk

or

by phone on 0131 667 0484

All information is correct at time of going to press, but changes in some classes/groups over a session are inevitable. Please check Centres notice-boards for up to date information on new activities or classes.