

Programme 2018–19



SOUTH SIDE COMMUNITY CENTRE

117 Nicolson Street,
Edinburgh
EH8 9ER
Tel: 0131 667 0484

www.southsidecommunitycentre.co.uk

Join in
Edinburgh
www.joininedinburgh.org

Welcome to South Side Community Centre

South Side Community Centre opened in 1986 after a long campaign by the local community to have a community centre right in the heart of their area. South Side Community Centre is owned and supported by the City of Edinburgh Council who lease the accommodation to the South Side Community Centre Association. The Association's volunteer Management Committee are elected at an Annual General Meeting and the Centre's charitable association provide funding to assist with developing the activities and classes available at the Centre. The Association continues to make a significant contribution to the maintenance and upgrading of the building. The Centre consists of two general purpose rooms, café, large hall and office. It provides a great space for a variety of uses. The rooms are available for hire with the Centre being a popular venue during the annual Edinburgh Fringe.

New members and visitors are welcome at South Side Community Centre. Ideas for developing the Centre's programme are encouraged and each year we like to try to introduce something new. The building is accessible to all and the Management Committee is committed to the doctrine and ethos of inclusion—there should be no barriers to prevent anyone from enjoying the experience that is South Side Community Centre.

Arthur's Café South Side Community Centre

Monday to Friday 10.30am—2.00pm

Tasty fresh made food, home baking (great scones) and excellent (proper) coffee at a fair and affordable price. A warm welcome to all customers and a big thank you to our regulars.

TUESDAY

Yoga	10.00 am - 11.30 am	Hall
<p>A yoga class that helps you to restore your physical health gradually. Benefits of the class: Improve your breath & balance, core strength, flexibility, ability to relax.</p> <p><i>For more information:</i> Contact Centre office on 0131 667 0484 Cost: £5 plus membership</p>		

AE*: German – Advanced	10.00 am - 12.00 pm	Room 2
<p><i>For more information:</i> Contact Adult Education www.edinburgh.gov.uk/adultcourses or Tel. 0131 556 7978</p>		

Gentle Exercise - For over 50s	12.15 pm - 1.15 pm	Hall
<p>Moving to music in a dancing way, stretching and strengthening muscles.</p> <p><i>For more information:</i> Contact Centre office on 0131 667 0484 Cost : £3.00 plus membership</p>		

Art Class	1.00 pm - 4.00pm	Room 1
<p>Art projects using a variety of mediums. Suitable for all levels.</p> <p><i>For more information:</i> Contact Centre on 0131 667 0484 Cost: £4.00 plus membership</p>		

AE* Mindfulness	2.00 pm—4.00 pm	Hall
<p><i>For more information:</i> Contact Adult Education www.edinburgh.gov.uk/adultcourses or Tel. 0131 556 7978</p>		

ESOL Speakeasy Group	2.00 pm - 4.00 pm	Room 2
<p>English Class for Speakers of Other Languages (ESOL) to help young people integrate quicker into life in Edinburgh and Scotland.</p> <p><i>For more information:</i> Please contact ASL Service on 0131 469 2850</p>		

TUESDAY continued

Chanquanshu Tai Chi	6.00 pm - 7.00 pm	Main Hall
<p>Taijiquan (often called Tai Chi) is a smooth, flowing series of movements; a kind of meditation in motion. No blocks or set terms just start anytime.</p> <p>Contact: Ally Macdonald 07814080088 quanshuedinburgh@gmail.com Cost - £5 (First Class Free)</p>		

Badminton Group	7.15 pm - 8.45 pm	Hall
<p>A long-standing badminton group. New players and all ability levels welcome. Rackets and shuttle cocks are provided but players are free to bring their own.</p> <p><i>For more information:</i> Contact Joyce Palmer 0131 447 6005 Cost: Varies depending on attendance</p>		

Kick the Cat Cloggers	7.15 pm - 8.45 pm	Cafe
<p>Edinburgh's (and probably Scotland's) only Appalachian Clogging group. Appalachian clogging is a fast and fun style of dancing with influences from Scottish and Irish step dancing, and Native American and African-American traditions.</p> <p><i>For more information:</i> Contact sueleiper@hotmail.com</p>		

WEDNESDAY

Southside Sunshine Club	9.30 am - 11.30 am	Hall
Drop in Parents/Carers Toddler Group for children 0-3 years. Does not run during school holidays. <i>For more information:</i> Contact Gilmerton Early Years Centre on 0131 664 1202		

AE*: Beginners' Guitar	10.00 am—12.00 noon	Room 2
<i>For more information:</i> Contact Adult Education www.edinburgh.gov.uk/adultcourses or Tel. 0131 556 7978		

AE*: History—Old Town	10.00 am - 12.00 noon	Room 1
<i>For more information:</i> Contact Adult Education www.edinburgh.gov.uk/adultcourses or Tel. 0131 556 7978		

Southside Baby PEEP Group	12.45 pm - 1.45 pm	Room 1
Learning together to help parents and carers create the best start for their babies by making the most of everyday learning opportunities—listening, talking, playing, singing and sharing books and stories together.		
<i>For more information:</i> Contact Centre office on 0131 667 0484		Cost : Free

AE*: Dance Fitness 60+	1.30 pm - 2.30 pm	Hall
<i>For more information:</i> Contact Adult Education www.edinburgh.gov.uk/adultcourses or Tel. 0131 556 7978		

Social Club for over 60s	1.00 pm - 3.00 pm (winter term)	Room 2
Social Club for over 60's. A tutor supported social club providing interesting and entertaining talks, discussions and outings. A great way to meet new people and keep active.		
<i>For more information:</i> Contact Centre on 0131 667 0484		Cost: £1 plus membership

South Side Community Choir	7.00pm - 8.45pm	Hall
An adult mixed group of around 50 members singing a wide variety of music. We give at least two performances a year.		
<i>For more information or to enquire about joining please check our website at:</i> southsidechoir.weebly.com or phone 0131 441 5597		

WEDNESDAY continued

Wednesday Live Drama Classes 16-25 years old	6.45 pm – 8.45 pm	Room 1
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These classes are targeted at all those with an interest in, but not necessarily experience of drama and the performing arts. The classes cover different skills each term such as character development, script writing, voice and movement, etc., and generally culminate in a short performance at the end of each term. Places in this group are limited. Contact tutor for availability and further details.

For more information: Contact Rebecca Kilbey on 07944 75 7083 or email info@livedrama.co.uk or www.livedrama.co.uk

Cost £1 per week

THURSDAY

English as a Second Language	9.30 am - 12.15 pm	Room 1
<p>English language provision for speakers of other languages who are permanent residents of Edinburgh or refugees.</p> <p><i>For more information:</i> Apply via Community-based ESOL, Edinburgh College tel:0131 535 4630</p>		
Lip Reading	10.00 am - 12.00 pm	Room 2
<p>Free service that helps people with hearing loss cope better with their deafness.</p> <p><i>For more information</i> about these and other lip-reading groups in the city: Contact Fiona Stewart at South Bridge Resource Centre on 0131 558 3545</p>		
The Club (Active Lifetime)	10.00 am—12.00 pm	Hall
<p>Active Lifetime class is a programme of healthy activity and exercise for adults with learning disabilities. Each week will be a mix of physical activity and games alongside information sharing and socialising.</p> <p><i>For more information:</i> Contact Centre on 0131 667 0484 Cost : £2 per session plus membership</p>		
WISHES (Women in Self Help & Emotional Support)	1.00 pm - 3 pm	Room 2
<p>Social and support group for women with mental health issues. Do you sometimes feel isolated and alone?.....feeling like you need a chat, then maybe you should come along to the Wishes group.</p> <p><i>For more information:</i> Contact Centre on 0131 667 0484</p> <p style="text-align: right;">Free</p>		
AE*: Tai Chi Chen Style (all levels)	1.00 pm - 2.30 pm	Hall
<p><i>For more information:</i> Contact Adult Education www.edinburgh.gov.uk/adultcourses or Tel. 0131 556 7978</p>		
AE*: Tai Chi Yang Style (Beginners)	2.45 pm—4.15 pm	Hall
<p><i>For more information:</i> Contact Adult Education www.edinburgh.gov.uk/adultcourses or Tel. 0131 556 7978</p>		
First Bite Youth Theatre	4.15 pm - 8.00 pm	Room 1 and Hall
<p>The youth theatres are targeted at young people with an interest in performance. The class provides additional opportunities for all participants to get involved in different aspects of production including costume and set design, administration, props, lighting and sound.</p> <p>Junior Youth Theatre for 7 - 11 yr olds (4.15pm - 5.45pm) Senior Youth Theatre for 12 - 18 yr olds (6.00pm - 8.00pm) <i>Cost £50 per 10 week term (10% sibling discount) £15 annual membership is also payable each year in April</i></p> <p><i>For more information:</i> Contact Rebecca Kilbey on 0794 475 7083 or email info@livedrama.co.uk or www.livedrama.co.uk</p>		

*AE—Adult Education

FRIDAY

English as a Second Language	9.30 am - 12.15 pm	Room 1
<p>English language provision for speakers of other languages who are permanent residents of Edinburgh or refugees.</p> <p><i>For more information:</i> Apply via Community-based ESOL, Edinburgh College tel:0131 535 4630</p>		
The Writing Room	10.00 am - 12.00 pm	Room 2
<p>The Southside Creative Writing group will be entering its eighth year in good health. We will continue to use innovative starting points for new writing, offer constructive feedback on works in progress, and experiment with particular themes and styles over a number of weeks. There may also be opportunities to use various city locations and institutions for inspiration, and to read in public. New members - of any level of experience or confidence - always welcome.</p> <p><i>For more information:</i> Contact Centre on 0131 667 0484 <i>Cost:</i> £2 plus membership</p>		
Yoga	10.15 am - 11.45 am	Hall
<p>A yoga class that helps you to restore your physical health gradually. Benefits of the class: Improve your breath & balance, core strength, flexibility, ability to relax.</p> <p><i>For more information:</i> Contact Centre office on 0131 667 0484 <i>Cost:</i> £5 plus membership</p>		
Southside Reminiscence Group and Film Club	1.00 pm - 3.00 pm	Room 1
<p>Every 1st and 3rd Friday of the month</p> <p><i>For more information:</i> Contact Centre office on 0131 667 0484</p>		
Southside Pensioners' Club	1.00 pm - 3.00 pm	Room 1
<p>Every 2nd Friday of the month</p> <p><i>For more information:</i> Contact Centre office on 0131 667 0484</p>		
ESOL Harbour Group	1.30 pm - 4.00 pm	Room 2
<p>ESOL Youth Club for migrant young people with some English tuition</p> <p><i>For more information:</i> email esolharbour@gmail.com or scott.wilkins@ea.edin.sch.uk</p>		
8th Edinburgh SCOUT Group	6.30 pm - 8.45 pm	Room 1, Room 2, Hall, Café
<p>Muslim cubs and scouts group. (school term time only)</p> <p><i>For more information:</i> Contact Zahid at zahidali@btinternet.com</p>		

MEETINGS

FEDAGA (Federation of Edinburgh & District Allotments and Gardens Association)	7.00 pm - 8.45 pm 2 nd Tuesday of each month	Room 1
Committee meetings. <i>For more information go to www.fedaga.org.uk</i>		

Southside Association	6.30 pm - 8.45 pm 1 st Tues of each month	Room 1
Southside Association business meeting		

South Side Community Centre Management Committee	6.30 pm - 8.45 pm 2 nd Tues of each month	Room 2
Committee meetings.		

Causey Development Trust	6.45 pm – 8.45 pm Last Monday of each month	Room 1
<p>The Causey is a historic space in the busy University quarter at the heart of the Southside of Edinburgh's city centre. At the moment it's a traffic island, and cars have taken over — but could it become a place full of life and people, buzzing with activity?</p> <p>Steering group meeting</p> <p>For more information: Contact info@thecausey.org</p>		

Parkside Terrace Proprietors' Association	6.30pm—8.45pm 17 Oct; 20 March; & 19 June	Cafe
Residents' meeting 3 times a year.		

COUNCILLOR SURGERIES

Cllr Ian Perry Labour	6.30 pm - 7.30 pm	Room 2
2nd Monday of each month (not July, Aug or Dec)		
Please contact: ian.perry@edinburgh.gov.uk or Tel. 0131 529 3253		

Cllr Alison Dickie SNP	12.30 pm - 1.30 pm	Cafe
1st Thursday of each month (<i>during school term time only</i>)		
Please contact: alison.dickie@edinburgh.gov.uk or Tel: 0131 529 4884		

Centre Membership

One payment lasts a whole year—from September 2018

Membership Charges

	Cost
Adult	£5
Children up to 16	Free

Room Hire Charges at South Side

	Room 1, Room 2, Café Room	Main Hall
Centre Groups, Community Education Classes	FREE	
Local Community Groups	£5 per hour	£10 per hour
Regular Lets	£12 per hour	£18 per hour
One off lets	£24 per hour	£30 per hour
Commercial lets	£36 per hour	£45 per hour

*Normal Centre opening hours are: **Mon—Friday 9am - 9pm**
There is an additional janitorial charge for bookings that take place out with normal Centre opening hours.*

South Side Community Centre Association Management Committee approve all lets for South Side.

Initial enquiries should be made by email on

cld-southside@ea.edin.sch.uk

or

by phone on 0131 667 0484

All information is correct at time of going to press, but changes in some classes/groups over a session are inevitable. Please check Centre's notice boards for up-to-date information on new activities or classes.